

CLEAN AIR FOR ALL

THE SMOKE-FREE PUBLIC HOUSING PROJECT

April 21, 2020

Smoking and COVID-19: Know the Facts

Misinformation regarding COVID-19 can spread more quickly than the virus itself, including the rumor that smoking can help prevent COVID-19. That rumor is false. Smoking does not protect against COVID-19. To the contrary, experts tell us that smoking may increase the risk of severe COVID-19 infection.

To help dispel misinformation about COVID-19 and smoking, help increase knowledge and understanding with public housing staff and residents by sharing these infographics from the [World Health Organization](https://www.who.int).

Does smoking have an effect on the new coronavirus, COVID-19?

Smoking does not protect against COVID-19. In fact, smoking is deadly. More than 8 million people die each year as a result of tobacco use. People with underlying health conditions such as heart disease, which can be exacerbated by smoking, are at higher risk of severe COVID-19.

World Health Organization
Western Pacific Region

#COVID19

The infographic features a blue background with white text. On the right, there is an illustration of a person in a dark sweater and brown pants, holding a lit cigarette. A red circle with a diagonal slash is superimposed over the cigarette, indicating that smoking is not protective. The person's head is surrounded by thought bubbles.

Smoking damages your lungs and other parts of your body, and may increase your risk of getting a severe case of COVID-19

World Health Organization

#coronavirus #COVID19

The infographic shows a grey road with a dashed white line. A yellow road sign with a blue cross and a white plus sign is on the right side of the road. The World Health Organization logo is in the bottom left corner.

World Health Organization

Bringing your hands to your mouth can transfer the virus into your body

Smoking can increase your chances of getting COVID-19

Sharing tobacco products such as waterpipes can transmit the virus between people

#coronavirus #COVID19

The infographic is divided into two sections. The top section shows a profile of a person's head with an arrow pointing to their mouth, where a hand is shown with a red 'X' over it, indicating that bringing hands to the mouth is a risk. The bottom section shows two people with a waterpipe between them, with a red 'X' over the pipe, indicating that sharing tobacco products is a risk. The World Health Organization logo is in the top right corner.

Remind residents about free cessation support if they are interested in quitting or cutting back on smoking.

1-800-QUITNOW Cards

Cessation
Poster

Clean Air for All: The Smoke-Free Public Housing Project is a collaboration of [Live Smoke Free](#) (LSF) a program of the Association for Nonsmokers - Minnesota and the [National Association of Housing and Redevelopment Officials](#) (NAHRO). This project is made possible with funding from the Robert Wood Johnson Foundation.