

# CLEAN AIR FOR ALL

THE SMOKE-FREE PUBLIC HOUSING PROJECT

October 3, 2019

## Tip: Start Planning for the Great American Smokeout®

The Great American Smokeout® is a public awareness event, hosted by the American Cancer Society, to encourage people to quit smoking. This year, the event takes place on **November 21, 2019**. Here are some ways public housing agencies can celebrate this event with their residents.



Put a poster in the community room with the title **“Reasons I Want to Quit Smoking”** and ask residents to write their reasons on the poster.



Plan a **“Day without Smoking”** event and encourage all residents to quit for a day together. Have residents sign a pledge sheet and offer a raffle prize.



Short on time? Send a notice about the Great American Smokeout and include the quitline number: **1-800-QUITNOW**.

Learn more about the [Great American Smokeout®](#) and [download materials](#) to help promote this national day of cessation!

Clean Air for All | 651-646-3005 | [E-mail](#) | [Website](#)

Clean Air for All: The Smoke-Free Public Housing Project is a collaboration of [Live Smoke Free](#) (LSF) a program of the Association for Nonsmokers - Minnesota and the [National Association of Housing and Redevelopment Officials](#) (NAHRO). This project is made possible with funding from the Robert Wood Johnson Foundation.